



Let's take ACTION!
We support our bargaining team!

On **May 19th**, we invite all members in the Nanaimo and Central Island area to come out and support our Bargaining Teams! Meet us outside for 19 minutes from **12:30pm to 12:49pm** for healthy snacks! Show us that you biked to work, are watching your steps with your smart phone app, you are wearing a pedometer, you took the bus to work, you went swimming during the week, or that you have a gym pass and enter your name in a draw for a \$50 gift card!



TOGETHER FOR HEALTHY WORKPLACES

